

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3 CET: Todd Beamer HS Seattle: Living with Cancer group 6:30-8:00 Seattle: Caregiver group 6:30-8:00	4 CET: Todd Beamer HS VMMC Patient Support Group Federal Way 11:00-12:30 VMMC Caregiver Support Group Federal Way	5 Seattle: Living with Cancer group 1:00-2:30	6	7 Clubhouse Closed
8 Clubhouse Closed	9	10 CET: Auburn Riverside HS VMMC Art Group Seattle 1:00-2:30 Eastside: Caregiver group (in Woodinville) 6:30-8:30 Eastside: Living with Cancer group (GIA Bldg. Bellevue) 6:30-8:30	11 CET: Auburn Riverside HS CET: Lake Washington HS VMMC Meditation Group for patients - Seattle 1:00-2:30 Seattle Ostomy group 7:00-8:30	12 CET: Lake Washington HS Eastside: Bereavement Group (Group Health Bellevue) 6:30-8:30	13	14 Clubhouse Closed
15 Clubhouse Closed	16 Clubhouse Closed Remember Martin Luther King 	17 Seattle: Living with Cancer group 6:30-8:00 Seattle: Caregiver group 6:30-8:00	18 VMMC Patient Support Group Federal Way 11:00-12:30 VMMC Caregiver Support Group Federal Way 11:00-12:30	19 Seattle: Living with Cancer group 1:00-2:30	20 8-Week Yoga Series: "Improved Health and Wellness" with Cindy Jaffe 12:00-1:15 	21 Clubhouse Open 10-12 Parent Networking group 10:30-12:00 Kids Creative Arts group 10:30-12:00
22 Clubhouse Closed	23	24 VMMC Meditation Group Seattle 1:00-2:30 Eastside: Caregiver group (in Woodinville) 6:30-8:30 Eastside: Living with Cancer group (GIA Bldg. Bellevue) 6:30-8:30	25 VMMC Art Group Seattle 1:00-2:30 	26 Eastside: Bereavement Group (Group Health Bellevue) 6:30-8:30	27 8-Week Yoga Series: "Improved Health and Wellness" with Cindy Jaffe 12:00-1:15 	28 Clubhouse Closed
29 Clubhouse Closed	30 <div style="border: 1px dashed black; padding: 5px;">FREE 8-Week Yoga Series Fridays, January 20th - March 10th, 2017 Noon - 1:15 pm, <i>Seattle Clubhouse</i> "Yoga for Improved Health and Wellness" Register: www.cancerpathways.org</div>	31			 	Please, if you are not feeling well, stay home and take care of yourself. We look forward to seeing you when you feel better.