

Grades 9-12 Overview: Health

National Health Education Standards

1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

2: Students will analyze the influence of family, peers, & media, technology, and other factors on health behaviors.

3: Students will demonstrate the ability to access valid information and products and services to enhance health.

4: Students will demonstrate the ability to use interpersonal communication skills to enhance health & avoid or reduce health risk

5: Students will demonstrate the ability to use decision-making skills to enhance health.

6: Students will demonstrate the ability to use goal-setting skills to enhance health.

7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

8: Students will demonstrate the ability to advocate for personal, family, and community health.

Cancer Basics

Lesson 1

Cancer 101

Lesson 2

Genes and Cancer

Lesson 3

Ecigarettes and Vaping

Cancer Risk Reduction

Lesson 4

Can you control your risk?

Lesson 5

HPV & Cancer: Prevention is Key

Coping with Cancer

Lesson 6

Name it to tame it

Lesson 7

Communication is Key

X	X	X	X	X		
	X	X				
		X				
			X	X		X
X		X	X	X	X	X
X					X	X
X	X	X	X	X	X	X
				X		

Grades 9-12 Overview: Social Emotional Learning

CASEL Social Emotional Learning Competencies

Self-Awareness: The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts.

Social Awareness: The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, & contexts.

Responsible Decision-Making: The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.

Self-Management: The abilities to manage one's emotions, thoughts, and behaviors effectively in different situations and to achieve goals and aspirations.

Relationship Skills: The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

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Communication is Key

Competency	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
Self-Awareness			X		X		X
Social Awareness			X	X	X		X
Responsible Decision-Making	X	X	X	X	X	X	X
Self-Management	X			X		X	X
Relationship Skills				X	X		X

Grades 9-12 Overview: English Language Arts

College and Career Readiness Anchor Standards for Writing 6-12

Cancer Basics

Lesson 1

Cancer 101

Lesson 2

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Lesson 3

Ecigarettes and Vaping

Lesson 4

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Name it to tame it

Lesson 7

Communication is Key

1. Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.

4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

7. Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.

9. Draw evidence from literary or informational texts to support analysis, reflection, and research.

	Cancer Basics	Cancer Risk Reduction	Coping with Cancer
1. Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.		X	
4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.		X	
7. Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.		X	
9. Draw evidence from literary or informational texts to support analysis, reflection, and research.		X	

Grades 9-12 Overview: English Language Arts

College and Career Readiness Anchor Standards for Speaking and Listening 6-12

Cancer Basics

Cancer Risk Reduction

Coping with Cancer

Lesson 1

Lesson 2

Lesson 3

Lesson 4

Lesson 5

Lesson 6

Lesson 7

Cancer 101

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Ecigarettes and Vaping

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Communication is Key

1. Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.

3. Evaluate a speaker's point of view, reasoning, and use of evidence and rhetoric.

4. Present information, findings, and supporting evidence such that listeners can follow the line of reasoning and the organization, development, and style are appropriate to task, purpose, and audience.

5. Make strategic use of digital media and visual displays of data to express information and enhance understanding of presentations.

6. Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate.

		X				X
		X				
		X		X		
				X		
				X		

Grades 9-12 Overview: English Language Arts

College and Career Readiness Anchor Standards for Reading 6-12

Cancer Basics

Cancer Risk Reduction

Coping with Cancer

Lesson 1

Lesson 2

Lesson 3

Lesson 4

Lesson 5

Lesson 6

Lesson 7

Cancer 101

Genes and Cancer

Ecigarettes and Vaping

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Communication is Key

1. Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.

2. Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.

6. Assess how point of view or purpose shapes the content and style of a text.

8. Delineate and evaluate the argument and specific claims in a text, including the validity of the reasoning as well as the relevance and sufficiency of the evidence.

9. Analyze how two or more texts address similar themes or topics in order to build knowledge or to compare the approaches the authors take.

10. Read and comprehend complex literary and informational texts independently and proficiently.

		X				
		X				
		X				
		X				
		X				
		X				

Grades 9-12 Overview: Psychology

Mental and Physical Health

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Lesson 1

Cancer 101

Lesson 2

Genes and Cancer

Lesson 3

Ecigarettes and Vaping

Lesson 4

Can you control your risk?

Lesson 5

HPV & Cancer: Prevention is Key

Coping with Cancer

Lesson 6

Name it to tame it

Lesson 7

Communication is Key

CONTENT STANDARD 1: Stress and coping

CONTENT STANDARD 2: Psychological science promotes mental and physical health and wellness

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
CONTENT STANDARD 1: Stress and coping						X	X
CONTENT STANDARD 2: Psychological science promotes mental and physical health and wellness						X	X