



FEBRUARY IS NATIONAL CANCER PREVENTION MONTH!

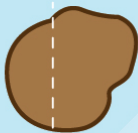
NEARLY HALF OF ALL CANCERS CAN BE PREVENTED

WEEK 1 TIP

Monthly self-examinations of your skin can alert you to skin changes and aid in the early detection of skin cancer. Other self-exams to help you recognize changes in your body may include breast and testicular checks.

A

ASYMMETRY



Two halves of the mole do not match

B

BORDERS



Edges are irregular or uneven

C

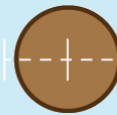
COLOR



multiple colors or changing shades of brown

D

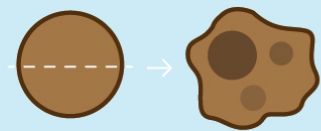
DIAMETER



Usually, but not always, larger than 6mm

E

EVOLUTION



Changes in appearance, and/or symptoms such as bleeding, oozing, or itching



Share these tips and more with your classroom.
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February is National Cancer Prevention Month!

Week 1 Tip: Monthly self-examinations of your skin can alert you to skin changes and aid in the early detection of skin cancer. Other self-exams to help you recognize the changes in your body include breast and testicular checks.

[Click here](#) to learn more about **Cancer Happens**, our free cancer education program for teens.