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<th>Sun</th>
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<tbody>
<tr>
<td>Clubhouse Closed</td>
<td>1</td>
<td>Living with Cancer Patient Group 6:30-8:00</td>
<td>Mindful Art Group for Patients and Caregivers 12:00-2:00</td>
<td>Clubhouse Closed</td>
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<td>7</td>
<td>Camp Sparkle! Seattle</td>
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<td>14</td>
<td>Clubhouse Closed</td>
<td>Living with Cancer Patient Group 6:30-8:00</td>
<td>Mindful Art Group for Patients and Caregivers 12:00-2:00</td>
<td>Eastside: Cancer Bereavement group (Bellevue City Hall) 6:30-8:30</td>
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<td>28</td>
<td>Clubhouse Closed</td>
<td>Camp Sparkle! Bellevue</td>
<td>Camp Sparkle! Bellevue</td>
<td>Camp Sparkle! Bellevue</td>
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**Clubhouse Hours**
- Mon - Fri: 9:00a - 5:00p
- 1st, 3rd Tues: 9:00a - 8:00p

If you are not feeling well, please stay home and take care of yourself.
Cancer Pathways

July, 2019

Cancer Pathways has the potential to offer many kinds of support groups and activities. This list includes some of the future possibilities as well as what is currently offered. Please give us a call for more information or to suggest YOUR ideas.

Support Groups:
- Living with Cancer for Patients
- Caregiver for anyone in a cancer caregiving situation
- Workplace Issues for Cancer Patients and Caregivers
- Patient/Caregiver combined group
- Young Adults Networking group

Classes:
- Art Practice (painting, drawing, collage, jewelry)
- Write Your Memoirs (4-6 week sessions)
- Exercise (yoga, Pilates, Feldenkrais, Tai Chi, Qigong)
- Nutrition and Cooking

CURRENT PROGRAM OFFERINGS

SUPPORT GROUPS

Living with Cancer: for adults with a cancer diagnosis, in or out of treatment
Seattle: 1st, 3rd Tuesdays, 6:30-8:00 pm

Caregivers: for anyone who has a family member or friend with cancer
Eastside: 2nd, 4th Wednesdays, 6:30-8:30 pm (Bellevue City Hall)

Bereavement: for anyone who has lost a loved one to cancer
Eastside: 2nd, 4th Thursdays, 6:30-8:30 pm (Bellevue City Hall)

Cancer Pathways Mindfulness Group
Seattle, 12:00 - 2:00 pm
Mindful Art group for patients/caregivers
1st, 3rd Wednesdays

TRAININGS AND LECTURES

An Evening with Author and Cancer Survivor Jeff Henigson
Monday, July 22nd, 2019 7:00-9:00pm
Call Anna at 206-709-1400 for more information.

Prostate Cancer Roundtable is September 21st, 2019.
LUNGevity Educational Event is November 16th, 2019.
Contact Mary@cancerpathways.org for more information.

FAMILY PROGRAM

Family Support Groups: Parent Networking, Kids Art Therapy
Offered in 6-week sessions on Wednesdays starting in the Fall.
The next session is scheduled to begin in September.
Contact Maddie at maddie@cancerpathways.org for more information.

Camp Sparkle! 2019 – weeklong, FREE day camp for kids touched by cancer, ages 6-12, in four locations:
Seattle: July 8-12, 2019
Tacoma: July 22-26, 2019
Bellevue: July 29 - August 2, 2019
Tacoma: August 5-9 2019
Everett: August 12-16, 2019

All camps are full for 2019. Email Maddie@cancerpathways.org, or call 206-709-1400 for more information about Camp Sparkle 2020.