Additional Resources

**Tobacco/E-cigarettes**
- Tobacco Quitline: 1-800-QUIT-NOW (1-800-784-8669)
- American Lung Association:
  - Not For Me teen cessation program
  - Vaping Conversation Guide for parents
- Surgeon General’s Tip Sheet for Talking to Your Teen about E-cigarettes

**Sun Safety**
- Skin Cancer Foundation, Self-exams/Skin checks

**HPV and Cancer**
- American Cancer Society: HPV Vaccines
- National Cervical Cancer Coalition

**Nutrition and Exercise**
- American Cancer Society: Effects of Diet and Exercise on Certain Cancers
- Fred Hutch: Cook for Your Life
- MyPlate.gov

**Genetics/Family History**
- Centers for Disease Control and Prevention (CDC): Collecting Family Health/Cancer History

**Testicular Cancer**
- Testicular Cancer Society

**Breast Cancer**
- American Cancer Society: Breast Cancer Risk and Prevention Methods
- National Breast Cancer Foundation

**General Cancer Prevention Resources**
- Environmental Working Group
- Prevent Cancer Foundation: Resources & Tools

For even more resources and to learn more about our programs, visit cancerpathways.org