

Additional Resources

Tobacco/E-cigarettes

- Tobacco Quitline: 1-800-QUIT-NOW (1-800-784-8669)
- American Lung Association:
 - [Not For Me](#) teen cessation program
 - [Vaping Conversation Guide](#) for parents
- Surgeon General's [Tip Sheet for Talking to Your Teen about E-cigarettes](#)

Sun Safety

- Skin Cancer Foundation, [Self-exams/Skin checks](#)
- Melanoma Research Foundation, [Parent's Guide to Reducing Melanoma Risk](#)

HPV and Cancer

- American Cancer Society: [HPV Vaccines](#)
- [National Cervical Cancer Coalition](#)

Nutrition and Exercise

- American Cancer Society: [Effects of Diet and Exercise on Certain Cancers](#)
- Fred Hutch: [Cook for Your Life](#)
- [MyPlate.gov](#)

Genetics/Family History

- Centers for Disease Control and Prevention (CDC): [Collecting Family Health/Cancer History](#)

Testicular Cancer

- [Testicular Cancer Society](#)

Breast Cancer

- American Cancer Society: [Breast Cancer Risk and Prevention Methods](#)
- [National Breast Cancer Foundation](#)

General Cancer Prevention Resources

- [Environmental Working Group](#)
- Prevent Cancer Foundation: [Resources & Tools](#)

For even more resources and to learn more about our programs, visit cancerpathways.org.