



## January - March 2022

### ANNA'S CORNER



Donate

This year is off to a running start. Now that we've celebrated our momentous 20th anniversary, we're more excited than ever to continue expanding our reach. Our programs are growing and expansion is in the air. Because of you, we have been able to impact more families and kids living with cancer, we offer more support groups, more high school programs and much more. Our new [podcast series](#) coming soon will address significant cancer issues.

We have added to our staff and will add more staff members in 2022. Our events will resume this year with our [Bryce Fisher Golf Tournament, on July 15](#). You can now get your foursome or sponsor a hole. Our annual signature event, Surviving With Style, will be back on Oct 22. Want to join a really fun committee? This is it. Let us know.

Our [summer camps](#) will return in person. Now is the time to register.

Our high school cancer education program, Cancer Happens, is back and our goal is to educate as many kids as possible about cancer risk reduction. So far we have talked to over 110,000 kids!

Our Cancer Unwrapped teen writing contest received more than 700 essays from around the country. Our reception for the winners will be in May and you can meet the kids and listen as they read their essays via Zoom. It will change how you think of our teenagers. It's not too late to be a judge and reading the essays will make you laugh and cry all at the same time. Listen to my radio interview about this most meaningful program on [Warm 106.9 right here](#).

We need cooks for our camps, we need models and designers for our fashion show, we need Board Members and volunteers for our events. There is always a way to get involved. You can teach an art class, a nutrition class or an exercise class. We would be so happy to have you.

I believe you always get more than you give. Contact me, I'm sure you have a talent or skill we need. Reach out to us at [info@cancerpathways.org](mailto:info@cancerpathways.org). I look forward to talking with you. And stay tuned, there is much more to come!

Anna

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### SAVE THE DATE

# Bryce Fisher Golf Tournament

Join us as we get back into the Swing of Things! We're back! Come enjoy a day of fun and food for a great cause at our **15th Annual Cancer Pathways Bryce Fisher Golf Classic presented by Alliant Insurance.**

**Friday, July 15, 2022**  
**The Golf Club at Newcastle**

**One Golfer: \$375**  
**Foursome: \$1500**

[Sign Up to Golf!](#)



**Interested in a sponsorship options?** Learn more click [here](#) or email [info@cancerpathways.org](mailto:info@cancerpathways.org)

## Camp Sparkle Registration is Open!

Camp Sparkle is our free summer camp for kids ages 5 to 12 years who have been impacted by cancer. Kids share experiences with others who understand what they are going through and engage in fun activities. Along with cherished memories, they build lifelong skills and friendships.

### 2022 Dates:

- **Seattle:** June 27- July 1
- **Virtual Camp:** July 18-22
- **Bellevue:** July 25-29
- **Everett:** August 1-5
- **Tacoma:** August 8-12

[Register](#)



## CANCER UNWRAPPED



[Learn More](#)

### Over 700 Essays Submitted!

Our annual Cancer Unwrapped Teen Writing Contest closed on March 4th! We received more than 700 essays submitted from all 50 states. Our diverse group of national judges will now read and review the essays and winners will be finalized in early May and announced on May 22nd at a virtual reception.

Cancer Unwrapped is our essay contest that asks teens in grades 9-12 to write a short essay about a cancer diagnosis – their own or that of a loved one with a chance to win one of several \$1,000 prizes. Since the contest began in 2006, we have received over 6,800 submissions and awarded over \$175,000 in prize money to teens. Over the years we have received stories of triumph and stories of great loss, stories written in times of turbulence, and stories written in times of quiet reflection. Each one has been honest, heartfelt, and unique.

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## FOR ANYONE TOUCHED BY CANCER

### Support Groups & Wellness Classes

We provide [a wide variety of groups and wellness classes](#) for patients, family members and friends. All of our support activities are currently offered online. Times listed are in Pacific Daylight Time.

Questions? Please reach out to [Michelle@cancerpathways.org](mailto:Michelle@cancerpathways.org).



- Living with Cancer
- Bereavement
- Caregivers
- Mindfulness-Art
- Thoughtful Thursday



- Parent Grief Group
- Parent Living with Cancer Group
- Lung Cancer
- Workplace Support
- Gentle Yoga with Cindy Jaffe

We have some wonderful classes in the works for 2022. Check out all of our upcoming support groups, community education classes and more on our calendar!

[View Calendar](#)

## LAUNCHING OUR PODCAST



## enCOMPASSing Cancer

We're so excited to introduce you to our new podcast: *enCOMPASSing Cancer*! In this show, we'll dive into the socioemotional impacts of cancer, share support resources, talk to experts in the community, and hear patient and survivor stories – really anything that encompasses the cancer experience. Listen in to episode one where we share information about each of our programs and tell you all about how Cancer Pathways came to be. [Listen in here!](#)

## BOARD MEMBER SPOTLIGHT

After what Beth Ginsberg justifiably called a “miracle” in her personal story with cancer, she wanted to give back to the community. That’s when she connected with Cancer Pathways, judging the teen writing contest and joining the board.

Read about Beth’s incredible story!

[Read about Beth!](#)

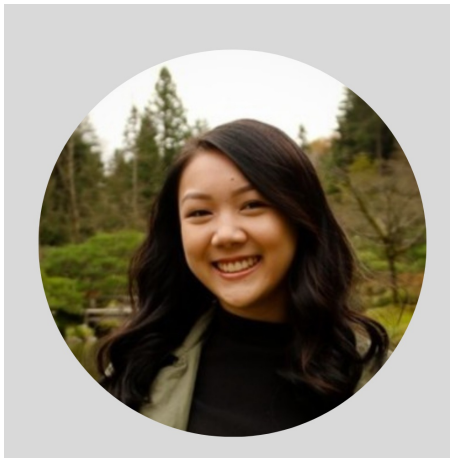


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## CANCER HAPPENS



**Taylor Gomban**  
University of Wash.  
Major: Biology  
*Graduating 2022*



**Nikki Do**  
Seattle University  
Major: Social Work  
*Graduating 2022*

## Meet our Teen Educators!

Our teen education program, Cancer Happens®, has returned for Spring semester 2022. Our school presentations remain either virtual with one of our trained health educators, or a self-paced, eLearning option. We are excited to welcome two new health educators this semester, Nikki Do and Taylor Gomban. They have done a wonderful job connecting with high school students and sharing important information to help teens reduce their cancer risk.

## National Cancer Prevention Week

Cancer Happens® has distributed over 1,000 infographics this month to teens and families providing tips to reduce teen cancer risk, in honor of National Cancer Prevention Week. To access these downloadable resources and learn more, check out our [Cancer Happens](#) page.

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## WELCOME OUR NEW TEAM MEMBERS



**HANNA SAFLEY**  
*Program Assistant*

Hanna, a junior at the University of Washington, plans to become a child life specialist. She first learned about Cancer Pathways in 2015, when she participated in Cancer Pathways' annual fashion show. A two-time cancer survivor, she participated in the fashion show again in 2018.

"The fashion show in 2015 was the first time I felt truly beautiful after being diagnosed with cancer in 2014 at 13 years old," Hanna said. "After that, I became a huge advocate for childhood cancer and was proud to tell my story to anyone that would listen."

Safley will focus on Cancer Pathways' Cancer Happens program.

"I am so excited to start because the Cancer Happens program helps teach teens and adolescents about cancer and how to prevent it as well as advocate for it," Hanna said.

Morgan, a Seattle native and Scripps College alum, is a former Camp Sparkle volunteer counselor. She walked the runway at Cancer Pathways' annual fashion show in 2003 with her mother, a two-time breast cancer survivor.

"I know how scary it can be to have a loved one going through cancer treatment when you're just a kid," Morgan said. "As a counselor, I felt so grateful to be able to provide a week of fun and adventures to kids that were now going through that experience, and it's a beautiful full-circle moment to be back here 10 years later and supporting this work professionally."

Morgan, a trained nutritional therapy practitioner, will be coordinating behind-the-scenes efforts for Camp Sparkle.



**MORGAN WEIDNER**  
*Program Assistant*

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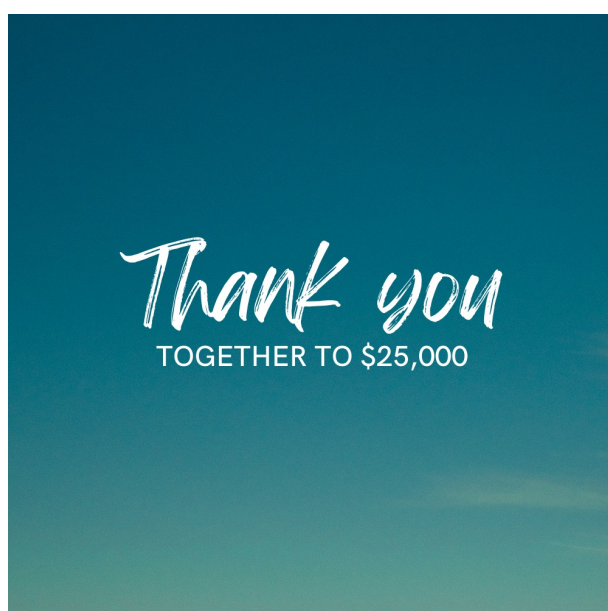
## **FEBRUARY'S \$25,000 MATCH**

### **Thank you for your support!**

**Our \$25,000 challenge raised \$28,018!** From \$5.00 donations to \$5,000, we are so grateful.

February looked very sunny to us, despite record rainfall.

**Many, many thanks to Alec and Sofia Brindle!**



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## **Reed's Recipes**





@pestoandpotatoes

## Oven Roasted Radishes

Maybe you don't think you like radishes, because you've only had them as crispy additions to a boring side salad. The naturally peppery taste that turns away so many people magically disappears when you roast these roots like you would beets, carrots or potatoes.

This spring, as radishes turn up at farmers markets, don't turn away from the cost-effective vegetable. Grab a couple of bunches and make them the star of your meal. You can serve these alongside whatever protein you choose, but I like to keep it light with a baked white fish or even an easy French omelette.

[Get the Recipe](#)

[Donate Today](#)

 **CANCER  
PATHWAYS**

*Our cancer support services are provided cost free thanks to you, our partners.*



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