

*2022 In Review*



**Expanding Resources**

**4  
New  
Grants**

Grants allowed us to reach more rural counties across WA state to provide cancer prevention education.

**Launching a Podcast**



**20  
Episodes**

Our EnCOMPASSing Cancer podcast created another platform for folks to find resources and support.



**Reaching more Students**

**160+  
Classrooms**

Thousands of students were reached through our Cancer Happens education in 2022.



**Cancer Education**

**2  
Dedicated  
Days**

Cancer awareness days were implemented in Georgia through a collaboration with local legislators, reaching 400+ community members.

**Camp Sparkle**



**120+  
Campers**

5 different locations brought campers together to experience the magic of Camp Sparkle.



**Support Groups Grow**

**800+  
Hours**

Our support groups and wellness classes continue to grow, providing our community important community support.

**National Writing Contest**



**705  
Essays**

Over 560 high schools across the country were represented in our annual writing contest, Cancer Unwrapped.

**A Note from Anna**

Your investment made all the difference.

2022 was a year for all of us to recommit to our community after many fears and years of the pandemic. We know it's not over and we know that we will remain steadfast in our vision of making sure that we face cancer together.

With our community standing by our side, we expanded our services, we reached out to more communities and we made sure we remained sustainable and viable. YOU helped us create new programs. We grew closer and we grew with purpose.

YOU made sure that together we would reach more families, more kids, more teens, more adults than ever. We know how much more we want to do and we hope you will continue to invest in us.

With so much gratitude and so much appreciation, we wish you a happy and healthy holiday season and New Year.

Thank you for investing in us and in your community.

## Upcoming Programs



Sparkle Saturdays are back! Join your Camp Sparkle friends year-round by participating in our monthly meet-ups.

Our licensed social work team provides a therapeutic activity for children ages 5-12 that have been impacted by cancer. Teens 13+ are encouraged to come and join as junior counselors for the day.

Sparkle Saturdays occur on the 3rd Saturday of each month. Our next one is January 21, 2023.

[RSVP for Sparkle Saturday](#)



To make the Holidays even brighter, we're doing a giveaway! Follow these 3 easy steps to participate:

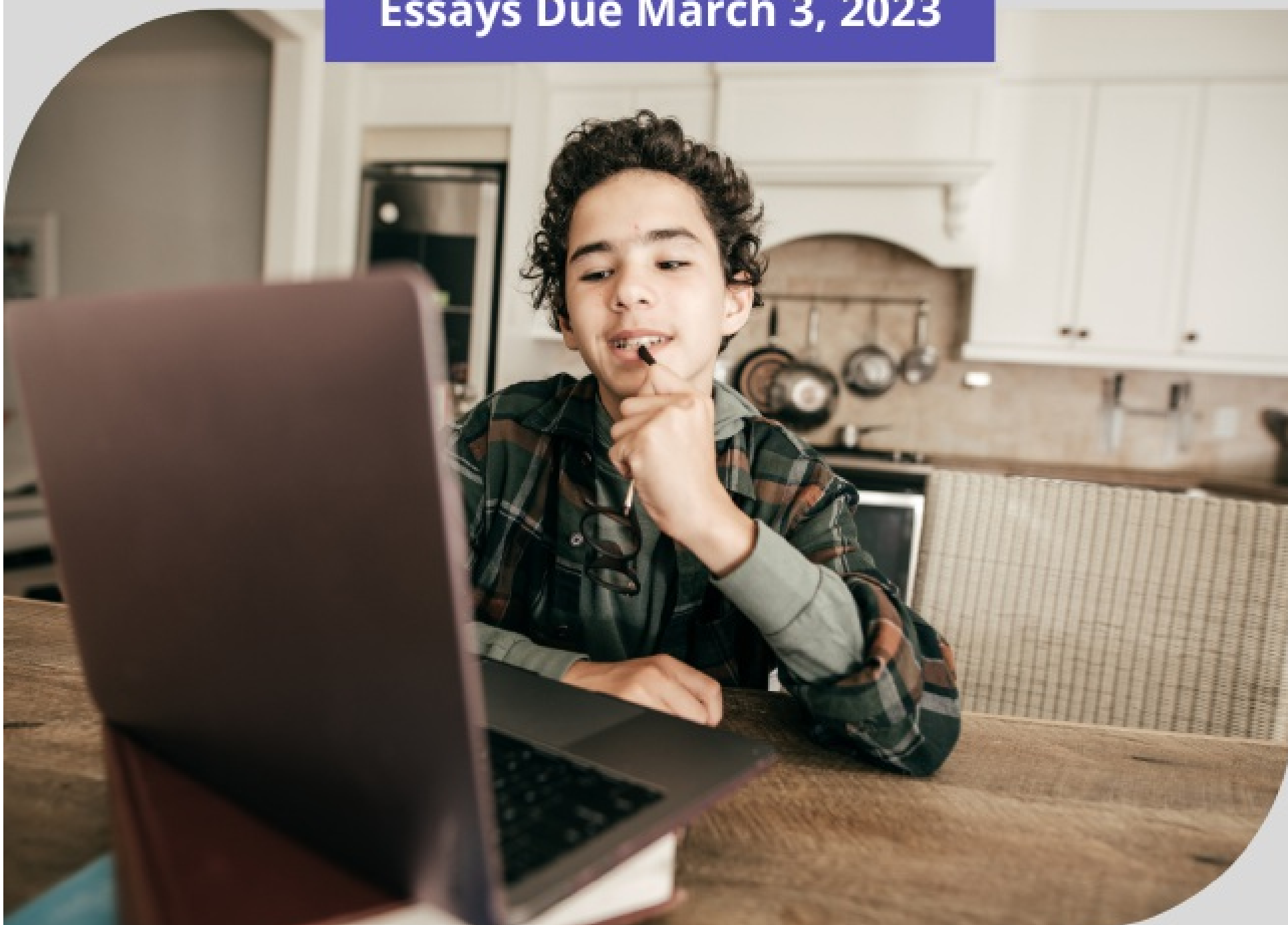
1. Listen in to our 20th *EnCOMPASSing Cancer* podcast episode titled "Holiday Giveaway."
2. Share the episode with a friend and encourage them to listen.
3. Comment on our [Instagram](#) or [Facebook](#) post promoting the episode by tagging a friend and writing what your biggest accomplishment was in 2022.

We will choose three winners, who will each receive a \$30 Amazon gift card! The giveaway closes January 3, 2023.

[Listen Here](#)

# CANCER Writing Contest UNWRAPPED

Essays Due March 3, 2023



Our annual writing contest, Cancer Unwrapped, is officially open, and winter break is a great time to write your essay.

Are you a teen who has been impacted by cancer? Write an essay about your experience for your chance to win one of several \$1,000 cash prizes. Early submissions are encouraged.

Know someone who would benefit from this program? Share the link below.

[Learn More](#)



# Stop smoking. Start living.

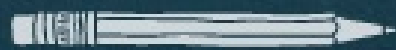
Is quitting yours or a loved one's New Year's resolution? Join our upcoming quit workshop where our trained facilitators will help guide and empower you towards quitting in a judgment-free space.

**Quit Tobacco Workshops**  
**Jan. 10 - Feb. 21 (Tuesdays)**  
**4:00-5:30 pm PST**

Take the first step to a tobacco-free life today! *Registration required.*

**Sign Up Today!**

# CANCER PATHWAYS CANCER HAPPENS TEEN EDUCATION



Join Us  
Now



Cancer Happens engages, educates and empowers teens to adopt healthy habits to reduce their risk of cancer and improve their health.

We work with educators and counselors to create safe spaces for youth to learn about cancer and how they can reduce their future risk of cancer.

Teachers can sign up for e-learning courses and in-person classroom presentations below. Spaces are already filling up quickly for next semester!

[Register Here](#)

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CANCER  
PATHWAYS

*Our cancer support services are provided cost free thanks to you, our partners.*

**Donate Today**

